

We all have a friend who sings so loudly and badly that we want to slap him ... Unless this friend we're talking about is you!

Well if you are like that nice friend that we don't want to hear singing, with this course, you will become the nice friend that you can hear singing!

First, we'll see what it means to "sing more perfect", then some exercises to practice. Then we will see the position to adopt for better singing, and finally advice for those who already sing well.

1. How to sing more perfect ?

Well yes, in truth, it's not that you can't sing, it's just that you sound extremely wrong. But don't panic, we can correct this with fairly simple exercises!

But before I explain how to sing more perfect, let's see some important points.

Trueness is something that everyone psychots a lot about, when in the end, if you look closely, nobody sings perfectly!

NB: It is for this reason that this paragraph is called "how to sing MORE perfect", and not "how to sing perfect" ...

Indeed, it's more enjoyable when someone sings well, but nobody sings perfect in the physical sense. Let's explain: take some auto-tune software and have fun playing with the live versions of your favorite singers. You'll quickly notice that their voice is in most cases close to the result recorded in the studio (with auto-tune), but it's never perfect.

In truth, it doesn't matter, our ear is used to it and the voice does not need to be tuned, even to a piano, since the piano itself is not perfect (from a scientific point of view, if we look at the spectrum with the frequencies, we will not have only one peak, but several, symbolizing that the sound is not perfect). When you play a chord on the piano, the notes sound good at the same time, right? Well, that's because the person in charge of tuning the instrument made the notes relative to each other sound good.

The problem is, if I take the real physical, real, mathematical correctness and play it with another note, it will seem weird to us, because we will observe a friction at the frequency level. Therefore, by convention and for our ears, we decided to tune the notes as well. This phenomenon is called temperament.

But let's return to the case of the human voice: since we can only produce one sound at a time, we need to temper our voice (except when we sing in a choir where there are several people who sing at the same time, in which case we will try to tune people together to create a group accuracy).

To correct your not very aesthetic song to hear, now we will work with exercises.

2. Exercises to sing more perfect

The main reason for your fairly false song is surely that you have no real representation of the pitch of the notes.

So a first exercise I can give you is to sit at a piano or download a piano app and have fun pressing a note and trying to sing it. So certainly at the beginning it will not be great, but it is the intention that counts.

Then you're going to do the exact opposite: you're going to sing the note you want, and you're going to try to find it on the piano. You're not going to find it right away, it's normal: a little more to the right, a little more to the left... This is how you will create a representation of what a high note is and what is a low note.

The third exercise will be to sing a note, then listen to it on the piano, then sing it again. Then you sing a higher or lower 2nd note and try to sing it. We will thus create an interval (see the course on intervals), so you can create a representation of where the high notes are, where the low notes are, all of this in relation to your body.

Finally, we're going to work on your air flow, because it's very important. Air flow is the fuel of your voice engine. For example, Céline Dion or Ariana Grande, they practice trills (see course on ornaments), they vibrate their lips, and this is one last exercise that you can do. As we have to put a sufficient amount of air to vibrate the lips, but not too much otherwise it goes into a lollipop, it will allow you to settle. Like a good engine, your lips will be ready to sing naturally more just. And in addition you will have a better air flow, so it will be easier for you to reach the note that you want more precisely.

3. The best position to take in order to sing

Indeed, all the exercises that I proposed to you just before, if you do them while lying in your bed, or sitting on a chair, it will not work.

The position you need to have is **standing with your back straight**. This will allow you to free your rib cage, better control your air flow, and **breathe "with your stomach"**.

So the question you're going to ask me is, "Aren't we supposed to breathe with our lungs?" and I will answer you that yes, but in addition to this natural breathing, when you are going to take a deep breath, you are going to swell your belly, and when you exhale, you are going to control everything at the level of the belly, you are going to take it in more or less depending on the air flow you want. In addition it makes the abs work, so for body summer, we don't say no.

Thus, if you apply these exercises while in this position, your efforts will be visible more quickly.

4. My advice if you already sing well, and want to improve

You do already sing well and want to improve your singing skills? Then this paragraph is for you!

During my 12 years of music lessons in conservatory, we were forced to sing, and I will give you here 3 tips that my teachers gave me.

- Sing “with the mask”

What I mean is that you are going to sing "forward", that is, you are going to direct the sound coming from your throat towards your lips. Thus, the position of your voice will be better.

One possible exercise to improve this is to practice singing the vowel e, this will naturally allow you to guide your voice and position it towards the front of the face.

- Sing with the smile

As I said in the previous point, you have to sing "forward", that is to say towards the lips. But in addition if you smile when you sing, it will allow you to reach the high notes more easily, and therefore it will reinforce the feeling of correctness of your voice.

A perfect exercise to untie your lips is to do trills. To make trills with your lips, squeeze them and blow without moving them apart so that they vibrate against each other. Then try to make a sound of “h” and “b”. Then sing scales on the “b” sound, and make as many scales as possible while singing the “b” sound.



- Sing with your guts

Have you ever seen a singer with a neutral face when he sings? I don't, by the way. So one question we can ask is why they show such heads when they sing. Well, I'll finally give you the answer, it's because they sing with their guts. Indeed, they sing with sincerity, emotion, they feel the words of their songs. And that's what I advise you to do.

In fact, in addition to putting yourself in your bubble, it will free your voice and embellish it.



Conclusion: TIPS TO REMEMBER

- Position: standing, back straight
- Breathe with your stomach
- Train regularly
- Sing "with the mask"
- Sing with the smile
- Sing with your guts